



DEER CREEK FOOTBALL

ALL IN



ANTLER TRAINING COURSE 2019

GRADES: 3RD — 12TH (2019-2020 SCHOOL YEAR)
LOCATION: DEER CREEK FOOTBALL FACILITY

ANTLERS TRAINING COURSE is offered to athletes entering the 3RD through 12TH grades. The course meets Monday, Tuesday, Thursday and Friday of each week at the Deer Creek High School Football Facility. Athletes should wear workout clothes, running shoes and cleats.

ANTLERS TRAINING COURSE athletes will receive:

- Safe, professional instruction
- Strength and flexibility training
- Speed and agility training

ANTLERS TRAINING COURSE is designed to teach our athletes total effort and full speed. Workouts consist of weight-training and speed development. By completing the course, our athletes will gain confidence and a competitive advantage over their opponents by increasing speed, quickness, power & improving body coordination.

Varsity Session (10TH-12TH Grades)

June 10 — July 30 from 7:30—9:30AM

Cost: \$200

JR. / Youth Elite Session (3RD-9TH Grades)

June 10 — July 30 from 9:45—11:00AM

Cost \$275 (Includes Camp of Champions)

ATC Will Not Meet July 1ST thru July 5TH

CAMP OF CHAMPIONS 2019

GRADES: 1ST — 9TH (2019-2020 SCHOOL YEAR)
LOCATION: DEER CREEK FOOTBALL FACILITY

CAMP OF CHAMPIONS is designed to enhance individual position skills while developing unity in a team environment. The Youth Elite Session will be held on June 17TH-19TH from 9:45AM-12:45PM. The Jr Elite Session will be held on June 24TH-26TH from 9:45AM-12:45PM.

CAMP OF CHAMPIONS Youth Elite (1ST-6TH grades) will be conducted without pads and there will be no contact. Athletes should wear a t-shirt, shorts and cleats. No other equipment is necessary.

CAMP OF CHAMPIONS JR. Elite for 7TH and 8TH will be conducted without pads and there will be no contact. Athletes should wear a t-shirt, shorts, cleats and have a current physical. For 9TH grade athletes, the following equipment is also required: helmet, mouth piece, shoulder pads and a current physical. This equipment can be checked out from Deer Creek Schools prior to camp (on a date to be determined). The 9TH grade athletes will have limited contact — no contact below the waist or to-the-ground tackling. The safety of the athlete will be the number one priority.

Youth Elite Session (1st-6th Grades)

June 17 — 19 from 9:45AM—12:45PM

Cost: \$100 (If not attending ATC)

JR Elite Session (7th-9th Grades)

June 24 — 26 from 9:45AM—12:45PM

Cost: \$100 (If not attending ATC)

2019 DEER CREEK FOOTBALL SUMMER CAMPS REGISTRATION

ATHLETE'S NAME:			PHONE:		
STREET ADDRESS:			CITY & STATE:		ZIP:
HEIGHT:	WEIGHT:	GRADE ENTERING (2019-2020):			
NAME OF PARENT/GUARDIAN:				PARENT/GUARDIAN PHONE:	
PARENT/GUARDIAN EMAIL:			EMERGENCY CONTACT:		EMERGENCY PHONE:

10TH-12TH GRADE **ANTLERS TRAINING COURSE VARSITY SESSION \$200**

3RD-9TH GRADE **ANTLERS TRAINING COURSE JR/YOUTH ELITE SESSIONS & CAMP OF CHAMPIONS \$275**

1ST-9TH GRADE **ANTLERS FOOTBALL CAMP OF CHAMPIONS (WITHOUT ATC) \$100**

T-Shirt Size for Camp of Champions *(please circle one)*:

YOUTH			ADULT				
S	M	L	S	M	L	XL	XXL

Form of Payment (OFFICE USE ONLY):

CASH	CHECK	
Total:	Number:	
	Total:	

Parental Consent:

I certify that my child has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my child's participation in this camp.

Furthermore, I authorize the staff of the ANTLERS TRAINING COURSES/CAMPS staff to act for me according to their best judgment in an emergency requiring medical attention. I hereby release ANTLERS TRAINING COURSES/CAMPS and Deer Creek public schools from all claims resulting from any injury my child may sustain while attending this camp.

Name of Parent/Guardian (PRINT): _____

Parent/ Guardian Signature: _____

Date: _____

Please make checks out to Deer Creek Football and send registration to:

Deer Creek Football Camps C/O Coach Standley
20701 N. MacArthur Blvd
Edmond, Ok 73012

***If mailed after ten days prior to start date, please bring a copy of your completed registration form on the first day of camp in order to participate.**